Union County Youth Soccer

Laws of the Game

2025-2026



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Union County Youth Soccer
Rules & Regulations

Revised: September 2025

ALL UCYS PLAY SHALL BE GOVERNED BY F.I.F.A. LAWS OF THE GAME (EXCERPTS INCLUDED) WITH THE FOLLOWING MODIFICATIONS:

LAW 1: THE FIELD OF PLAY

***FIFA LAW**: "The field of play shall be rectangular ... marked with distinctive lines... (To designate) the goal area. The penalty area... the corner area ... (with) goals placed on the center of each goal-line and firmly secured to the ground..."*

UCYS Modifications:

A. Field Sizes:

7-U and 8-U

- 40 yards wide by 60 yards long
- Center circle's radius is 6 yards
- Goal area extends 6 yards out from inside of each goalpost and 6 yards out from goal line
- Penalty area extends 10 yards out from inside of each goalpost and 10 yards out from goal line

9-U through 12-U

- 40 to 50 yards wide by 60 to 80 yards long
- Center circle's radius is 8 yards
- Goal area extends 6 yards out from inside of each goalpost and 6 yards out from goal line
- Penalty area extends 12 yards out from inside of each goalpost and 12 yards out from goal line
- Penalty mark is 10 yards from goal line centered on the goal

13-U and Up

- 50 yards wide by 90 yards long
- Center circle's radius is 10 yards
- Goal area extends 6 yards out from inside of each goalpost and 6 yards out from goal line
- Penalty area extends 15 yards out from inside of each goalpost and 15 yards out from goal line
- Penalty mark is 12 yards from goal line centered on the goal

B. Goal size (inside dimensions):

7-U and 8-U

- 18 feet wide by 6.5 feet high

9-U through 12-U

- 21 feet wide by 7 feet high

13-U and Up

- 24 feet wide by 8 feet high

C. When fields are marked with a special *Spectator Line*, spectators must be encouraged to stay behind the *Spectator Line* to avoid accidentally interfering with play or impede the function of the referee and/or coaches.

LAW 2: THE BALL

***FIFA LAW**: "The ball shall be spherical and made of a suitable material..."*

UCYS Modifications:

7-U and 8-U

- Size 3 soccer ball

9-U through 12-U

- Size 4 soccer ball

13-U and Up

- Size 5 soccer ball

LAW 3: NUMBER OF PLAYERS

***FIFA LAW**: "A match shall be played by two teams, each consisting of not more than eleven players, one of whom shall be the goalkeeper..."*

UCYS Modifications:

A. Teams shall be grouped in accordance with age groupings employed by NCYSA in the *Birth Year Matrix.*

B. Players may play in an age group intended for older children without special permission from UCYS. However, players who wish to play in an age group intended for younger players must be approved by UCYS.

C. Players may only be placed on one roster. Double rostering is prohibited.

D. UCYS reserves the right to require participants to provide proof of birth date such as birth certificates or other identification stated as acceptable by NCYSA.

E. Number of players on the field:

7-U and 8-U

- 7v7 with a goalkeeper
- 6 field players plus 1 goalkeeper from each team

9-U through 12-U

- 8v8 with a goalkeeper
- 7 field players plus 1 goalkeeper from each team

13-U and Up

- 8v8 with a goalkeeper
- 7 field players plus 1 goalkeeper from each team

F. Team roster sizes:

7-U and 8-U

- Minimum 7
- Maximum 12

9-U through 12-U

- Minimum 8
- Maximum 14

13-U and Up

- Minimum 8
- Maximum 14

G. No currently rostered challenge or higher level players allowed.

H. Substitutions:

- Substitutions shall be unlimited; a player who has been replaced may return to the game.
- All substituting players must be standing near the center line PRIOR to asking for a substitution and may not enter the field until given permission from the referee.
- Substitutions may be made at the following times ONLY with the referee's consent:
    - prior to a throw-in by either team
    - prior to a goal-kick by either team
    - after a goal by either team
    - after an injury for either team when the referee stops play – the team with the injured player(s) may only substitute the injured player(s); the team without the injured player(s) may only substitute a number of players equal to or less than the team with the injured

player(s)

- after a player has received a yellow card when the referee stops play — the team with the carded player(s) may only substitute the carded player(s); the team without the carded player(s) may only substitute a number of players equal to or less than the team with the carded player(s)

- Each participant in these age groups shall play in approximately one-half of each match; any coach violating this *minimum play rule* is subject to a reprimand by UCYS.

LAW 4: PLAYERS' EQUIPMENT

***FIFA LAW**: "The basic compulsory equipment of a player shall consist of a jersey or shirt, shorts, stockings, shin guards and footwear. A player shall not wear anything which is dangerous to another player... the goalkeeper shall wear colors which distinguish him from the other players and from referees..."*

UCYS Modifications:

A. Referees will check that all players are wearing proper equipment prior to the start of each game.

B. The only acceptable footwear for players shall be soccer cleats or sneakers. Cleats designated for sports other than soccer will not be allowed.

C. Players on the field of play must wear shin guards. If a player is without shin guards for the game, that player shall use the shin guards of a teammate not on the field at that time and shall not hold up play in switching shin guards.

D. No jewelry may be worn by a player that is not for medical or religious purpose. Anything worn for medical or religious purpose should be under wristbands or tape to protect the other players on the field. Earrings are not allowed to be worn by players while participating in a UCYS game. Earrings must be removed; covering them with tape or band aids will not be accepted in place of removing them. A player will not be allowed on the pitch until earrings have been removed.

E. The home team shall be responsible for ensuring that no uniforms conflict with the visiting team. Each association should have available sufficient jerseys or pennies of an alternate color to ensure compliance with this rule.

F. No audio amplification may be used during the match by coaches or spectators unless allowed by the referee.

LAW 5: REFEREES and LAW 6: LINESMEN

***FIFA LAW**: "A referee shall be appointed to officiate in each game. His authority --- (shall) commence as soon as he enters the field of play --- He shall:*

(a) enforce the laws

(b) refrain from penalizing in cases that, by doing so, he would be giving an advantage to the offending team

(c) keep record of the game

(d) stop the game for any infringement of the laws and to suspend or terminate the game (when necessary)

(e) caution (yellow card) any player guilty of misconduct or unsportsmanlike behavior

(f) allow no person other than the players and linesmen to enter the field of play without his permission

(g) stop the game if, in his opinion, a player has been seriously injured

(h) send off the field of play (red card) any player who, in his opinion, is guilty of violent conduct, serious foul play, or the use of foul or abusive language.

UCYS Modifications:

A. Referees will be assigned by the league. Referees will be given a valid roster from each team and fees prior to the start of each game.

- Valid rosters will be typed or computer-generated. Each valid roster will include:

  (a) Association's name

  (b) Team's name based on the schedule

  (c) The coaches' names – coaches should only be put on the roster after being risk managed by their association.

  (d) Commissioner's name

  (e) Player's name, jersey number, and date of birth.

B. Referee payment:

- Normal format is for each team to pay their referee game fees at the beginning of the game at check in.
- If a team has to forfeit for any reason as long as they are at the field of play at kick off time, both teams will still be responsible for their referee game fees.

- If a team does not show for a game, their association is responsible for all referee game fees (both teams).
- If an association has to forfeit on game day and lets the opposing association know, the team forfeiting is still responsible for the entire referee game fees (both teams).

C. Should no referee show up for a match, both head coaches may agree to recruit a volunteer for referee services. Should both head coaches agree to play utilizing a volunteer referee, no appeal will be allowed.

D. The referee has the authority to suspend matches, if conditions warrant. Games suspended at half-time or later due to weather conditions shall be considered as complete with the score at the moment of suspension being recorded as the final score.

E. Substitution for injuries: safety of the players is paramount! Any child injured in such a manner that a stoppage of play is necessary shall be required to leave the field of play if the coach enters the field of play. Substitution for an injured player shall be permitted.

F. Any player showing blood of any kind must leave the field immediately to receive first aid treatment. The player may not return to the field until the blood is completely cleaned up and no longer visible. Any player with a jersey showing blood must remove it and put on a different jersey to continue playing. Under these circumstances, players are allowed to share jerseys during the game.

LAW 7: DURATION OF PLAY

***FIFA LAW**: "The duration of the game shall be two equal periods of 45 minutes ... Allowance shall be made in either period for all time lost through substitution, the transport from the field of injured players, time wasting, or other cause, the amount of which shall be a matter for the discretion of the referee..."*

UCYS Modifications:

A. Game Length:

7-U and 8-U

- (4) 12-minute quarters
- 2-minute breaks between quarters (minimum)
- 5-minute break at halftime (minimum)

  **The team kicking off for the 1st quarter shall again kick-off to start the 3rd quarter; their opponents shall kick-off to start the 2nd and 4th quarters*

9-U through 12-U

- (2) 25-minute halves

- 5-minute break at halftime (minimum)

13-U and Up

- (2) 30-minute halves
- 5-minute break at halftime (minimum)

B. Only the head coach and three assistant coaches listed on the official team roster shall be allowed to remain on the bench side of the field while the ball is in play. All coaches must remain on the bench side of the field and are not allowed to pass beyond the half-way line or the top of the penalty box. A team mother shall be allowed to visit the bench during quarter breaks, if any, and at half-time.

C. No parents, coaches or spectators shall be allowed behind either goal line during games.

LAW 8: THE START OF PLAY

***FIFA LAW**: "At the beginning of the game, choice of ends and the kickoff shall be decided by the toss of a coin ... The referee having given a signal, the game shall be started by a player taking a place-kick (i.e. a kick at the ball while it is stationary on the ground in the center of the field of play), every player shall be in his own half of the field and every player of the team opposing that of the kicker shall remain not less than 10 yards from the ball until it is kicked off; it shall not be deemed in play until it has clearly moved; the kicker shall not play the ball a second time until it has been touched by another player..."*

"A goal may be scored directly against the opponents from the kick-off."

UCYS Modifications:

A. Opponents' distance from kick-off (center circle):

7-U and 8-U

- 6 yards

9-U through 12-U

- 8 yards

13-U and Up

- 10 yards

B. Minimum number of players required to start a match:

7-U and 8-U

- 5 players

9-U through 12-U

- 6 players

13-U and Up

- 6 players

C. Each coach is responsible for providing the referee with a typed or computer-generated valid roster when the referee is ready to check the team before the start of the match. Each roster must list the association's name, team's name based on the schedule, the coaches' names, commissioner's name, along with the name, jersey number, and date of birth for each player on the team. The referee will check the roster against the players and keep the roster. Players that arrive late for the start of the game may enter the game only with the permission of the referee. If any team reports for a match with less than the minimum number of players specified above or without a valid roster or referee payment, the referee shall delay the start of the game for 15 minutes to allow the team an opportunity for its players to arrive, produce a valid roster or referee payment. If after the 15-minute delay the team still has fewer than the minimum number of players, an invalid roster or referee payment, the match shall be declared a forfeit with the opposing team being awarded a winning score of 3 to 0. The two head coaches may play the game anyway (merely for the enjoyment of the children); however, the match results will still be recorded as a forfeit.

LAW 9: BALL IN AND OUT OF PLAY

***FIFA LAW**: "The ball is out of play when it has wholly crossed the goal-line or touch-line, whether on the ground or in the air, (or) when the game has been stopped by the referee. The ball is in play at all other times from the start of the match to the finish..."*

UCYS Modifications:

None

LAW 10: METHOD OF SCORING

***FIFA LAW**: "A goal is scored when the whole of the ball has passed over the goal-line between the goal posts and under the cross-bar, provided it has not been thrown, carried, or intentionally propelled by hand or arm, by a player of the attacking side..."*

UCYS Modifications:

A. Regular season standings shall be determined on a point basis: 3 points awarded for a win, 1 point for a tie, and zero points for a loss. Additionally, the maximum goal differential for each game in accordance with the standings shall be 3.

B. Any regular season games ending in a tie at the end of regulation time shall remain a tie.

C. Forfeiture of regular season matches shall be recorded as a 3 to 0 score with the team causing the forfeiture to receive the 0.

LAW 11: OFF SIDE

***FIFA LAW**: "A player is in an off-side position if he is nearer to his opponents' goal-line than the ball, unless (a) he is in his own half of the field of play, or (b) he is not nearer to his opponent's goal-line than at least two of his opponents. A player shall only be...penalized for being in an off-side position, if at the moment the ball touches, or is played by one of his team, he is in the opinion of the referee, (a) interfering with play or with an opponent, or (b) seeking to gain an advantage ... A player shall not be declared offside by the referee ... if he receives the ball direct from a goal-kick, a comer-kick, or a throw-in..."*

UCYS Modifications:

The off-side rule is waived for the 7-U and 8-U age groups.

NOTE: Positioning an off sides player to *Cherry Pick* shall be considered unsportsmanlike conduct by the coach and result in an indirect free kick for the other team.

LAW 12: FOULS AND MISCONDUCT

***FIFA LAW**: "A player who intentionally commits any of the following nine offenses shall be penalized by the award of a direct free-kick to be taken by the opposing team from the place where the offense occurred.*

1. *Kicks or attempts to kick opponent*
2. *Trips an opponent*
3. *Jumps at an opponent*
4. *Charges an opponent in a violent or dangerous manner*
5. *Charges an opponent from behind unless the latter is obstructing*
6. *Strikes or attempts to strike an opponent or spits at him*
7. *Holds an opponent*
8. *Pushes an opponent*
9. *Handles the ball (except the goalkeeper in his own penalty area)*

A player committing any of the five following offenses shall be penalized by the award of an indirect free-kick to be taken by the opposing team from the place the offense occurred...

1. *Playing in a manner considered by the referee to be dangerous...*
2. *Charging ... when the ball is not within playing distance...*
3. *Intentionally obstructing an opponent…*
4. *Charging the goalkeeper...*
5. *When playing as goalkeeper ... from the moment he takes control of the ball with his hands, he holds the ball for more than 6 seconds.*

A player is cautioned (shown a yellow card) if guilty of:

1. *delaying the restart of play*
2. *dissent by word or action*
3. *entering, re-entering or deliberately leaving the field of play without the referee's permission*
4. *failing to respect the required distance when play is restarted with a corner kick, free kick or throw-in*
5. *persistent infringement of the Laws of the Game (no specific number or pattern of infringements constitutes "persistent")*
6. *unsporting behavior*

A player, substitute or substituted player who commits any of the following offences is sent off:

1. *denying the opposing team a goal or an obvious goal-scoring opportunity by deliberately handling the ball (except a goalkeeper within their penalty area)*
2. *denying an obvious goal-scoring opportunity to an opponent moving towards the opponents' goal by an offence punishable by a free kick (unless as outlined below)*
3. *serious foul play*
4. *spitting at an opponent or any other person*
5. *violent conduct*
6. *using offensive, insulting or abusive language and/or gestures*
7. *receiving a second caution in the same match*

NCYSA Discrimination Policy:

8.2 NCYSA Policy

For this purpose, Discrimination will be defined as anyone who offends the dignity of a person or group of persons through contemptuous, discriminatory or denigrating words or actions concerning race, color, language, religion, gender, origin or sexual orientation.

When an allegation of Discrimination is verified by NCYSA the person is automatically suspended until the hearing on the act of Discrimination. The hearing will take place within 30 days of the notice.

Anyone found guilty of discrimination will receive the following suspensions.

PLAYERS

1st offense	Minimum 5 matches
2nd offense	180-day suspension; must complete Diversity training course before re-instatement
3rd offense	1 year Suspension; probation for remainder of Youth Eligibility

ADULTS: Includes but not limited to Coaches, Referees, Spectators

1st offense	Minimum 90 days
2nd offense	180-day suspension; must complete Diversity training course before re-instatement
3rd offense	Lifetime Suspension

NCYSA Policy on Heading:

From a Letter dated August 29, 2016 from M. Keith Price, President of NCYSA and Chairman of NCYSA Risk Management to all member associations of NCYSA

NO HEADING is allowed in any small sided match (12U and younger).

In matches for 13U and older, the roster/team could include 12U and younger players. A 12U player on the 13U roster/team, may head the ball. For the player 11U or younger playing on a 13U team or older, if heading occurs by a player 11U and younger, the referee will not stop play and issue an indirect free kick. It would be very difficult for a referee to be able during the run of play to determine if a player that heads the ball is 11U or younger or 12U and older. As stated by the Federation, it will be the coach and parent's responsibility to "police" a child 11U and younger on heading in a 13U and older match.

If a player **deliberately** heads the ball in a game (12-U and Under only), an indirect free kick should be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred.

UCYS Modifications:

A. Players receiving a red card (as an immediate red or a second yellow) will be immediately suspended. Suspended players may not be replaced in the game from which they are suspended. Further, UCYS requires the player to be suspended for an additional game (during which, the player's team shall not be required to play a person short). It is recommended the suspended player be required to attend the next game, sit on the bench, but not play in this additional game before the UCYS suspension is satisfied.

B. Denying a goal or an obvious goal scoring opportunity will result in a caution (yellow card), as opposed to a sending off (red card).

C. Players receiving a caution (yellow card) shall be removed from the game and can be substituted for.

D. For the 7-U and 8-U age groups, all fouls shall result in the award of an indirect free-kick. Direct free-kicks and penalty kicks shall not be employed. All rule infractions should be explained by the referee to the offending player(s).

> **NOTE**: For a foul occurring inside the box, the ball will be placed at the nearest location outside of the box in the field of play and an indirect free-kick will be employed.

E. Slide tackling

7-U and 8-U

> Slide tackling is not permitted at the 7-U and 8-U age levels; any infractions will result in an indirect free kick

9-U and 10-U

> A slide tackle at the 9-U and 10-U age levels that would be deemed legal by FIFA standards will result in a warning by the referee to the individual player and instructions that they should stay on their feet going forward; a second slide tackle by the same player will result in an indirect free kick

11-U and Up

> Slide tackling is permitted at any age levels 11-U and up; normal FIFA rules apply

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LAW 13: FREE-KICK

***FIFA LAW**: "Free-kicks shall be classified under two headings: "Direct" (from which a goal can be scored direct against the offending side) and "Indirect" (from which a goal cannot be scored unless the ball has been played or touched by a player other than the kicker before passing through the goal)..."*

UCYS Modifications:

For the 7-U and 8-U age groups, all free-kicks shall be indirect free-kicks.

LAW 14: PENALTY-KICK

***FIFA LAW**: "A penalty-kick shall be taken from the penalty mark and, when it is taken, all players with the exception of the player taking the kick, properly identified, and the opposing goalkeeper, shall be within the field of play but outside the penalty area..."*

UCYS Modifications:

A. For the 7-U and 8-U age groups, penalty kicks shall not be employed. Instead, an indirect kick shall be awarded (see Law 12 for placement of the ball if a foul occurs within the goal area).

B. Refer to the UCYS Modifications under Law 1 for placement of the penalty mark for the various age groups.

LAW 15: THROW-IN

***FIFA LAW**: "When the whole of the ball passes over a touch-line, either on the ground or in the air, it shall be thrown in from where it crossed the line, in any direction, by a player of the team opposite to that of the player who last touched it..."*

At the moment of delivering the ball, the thrower:

- *faces the field of play*
- *has part of each foot either on the touch line or on the ground outside the touch line*
- *holds the ball with both hands*
- *delivers the ball from behind and over his head*
- *delivers the ball from the point where it left the field of play*

UCYS Modifications:

For the 7-U and 8-U age groups, if the throw-in is not taken in line with the correct procedure, the referee will explain the proper method and allow the player to re-throw the ball into the field of play.

LAW 16: GOAL-KICK

***FIFA LAW**: "When the whole of the ball passes over the goal-line, excluding that portion between the*

goal-posts, either in the air or on the ground, having been last played by one of the attacking team, it shall be kicked direct into play…The ball is in play when it is kicked and clearly moves."

Simplified, the ball does not have to leave the penalty area to be in play. Opponents must be outside the penalty area until the ball is in play. The ball is in play once it is kicked by the kicking team. At that moment, the opposing team may enter the penalty area. If the kicking team takes a quick goal kick and opponents have not had time to leave the penalty area, the referee will allow play to continue. If the opponents who are inside the penalty area or enter the penalty area before the ball is in play, touch or challenge for the ball before it is in play, the goal kick is retaken.

UCYS Modifications:

For 7-U and 8-U age groups only, the attacking team must retreat behind the midline during a goal kick. The attacking team may cross the midline after the ball is kicked.

LAW 17: CORNER-KICK

***FIFA LAW**: "When the whole of the ball passes over the goal-line, excluding that portion between the goal-posts, either in the air or on the ground, having been last played by one of the defending team, a member of the attacking team shall take a corner kick..."*

UCYS Modifications:

None

The excerpts from the FIFA Laws of the game contained herein have been condensed in order to conserve space; please review the FIFA Laws to ensure complete understanding of the rules as employed by UCYS. Additionally, FIFA Laws are supplemented by FIFA International Board decisions and by UCYS special rules, including but not limited to the following:

International Board Decisions

***IBD #14**: If, in the opinion the referee, a player intentionally uses his feet to play the ball back to the goalkeeper who then uses his hands to play the ball, the player shall be penalized by the award to the opposing team of an indirect free-kick from the spot where the goalkeeper touched the ball with his hands, provided that spot is not nearer than 6 yards from the goal-line. (Note: This decision will also be enforced if, in the opinion of the referee, the player uses obvious trickery to avoid using the feet to play the ball back to his goalkeeper.)*

***IBD #15**: If, in the opinion of the referee, a player who is moving toward his opponents' goal with an obvious opportunity to score a goal is intentionally impeded by unlawful means, i.e. an offense punishable by a free-kick (or penalty kick), thus denying the aforesaid goal-scoring opportunity, the offending player shall be sent off the field of play (red-carded) for serious foul play in accordance with LAW 12.*

***IBD #16**: If, in the opinion of the referee, a player, other than the goalkeeper within his own penalty area, denies his opponents a goal or an obvious goal-scoring opportunity by intentionally handling the ball, he shall be sent off the field of play (red-carded) for serious foul play in accordance with LAW 12.*

***IBD #17**: The IFAB is of the opinion that a goalkeeper ... will be considered in control of the ball when he takes possession of the ball by touching it with any part of his hands or arms. Possession of the ball would include the goalkeeper intentionally parrying the ball, but would not include the circumstance where, in the opinion of the referee, the ball rebounds accidentally from the goalkeeper, for example, after he has made a save.*

UCYS Modifications:

For the 7-U and 8-U age groups, players will not be sent off the field of play (red-carded) except for extreme situations, particularly ones that endanger the safety and welfare of another player. Sending-off offences laid out in IBD laws 15 and 16 will not be enforced.

For 9-U and up, the sending off offenses laid out in IBD laws 15 and 16 will result in a yellow card, as opposed to red.

UCYS Special Rules

In relation to league and match procedure:

A. *In cases of inclement weather, coaches and parents should check the league website*

(unioncountyyouthsoccer.com) for information on field closures.

B. *Rosters at games.*

   i. *The first two weekends of the season, referees will be instructed to take valid (typed or computer-generated) and invalid (handprinted) rosters. This will be a two-week leniency in order for the associations and coaches to correct their rosters.*

   ii. *After the two-week leniency, only valid (typed or computer-generated) containing the correct information will be accepted. Invalid Rosters (handprinted) will not be acceptable and the match will result in a forfeit for the team not providing a valid roster. Referees will still play the match, however the match will be recorded as a 0-3 Loss.*

      - *Regardless if the game is played or not due to rosters, the referees will still be paid by each team.*

   iii. *If you need a valid roster template, please check with your association.*

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C. *No team is allowed to play in another league while registered with UCYS.*

   i. *A team will only be allowed to participate in non-UCYS tournaments as long as the tournament does not interfere with the posted UCYS schedule*

   ii. *A team will not be allowed to reschedule a game in order to participate in a non-UCYS event*

   iii. *Offenders will not be allowed to participate in the end of season tournament and will forfeit the remaining games of the season*

D. *At no time during the season should a coach run up the score on the other team. Any team winning by 10 goals or more at the end of the match will have that match recorded as a 3-0 forfeit. The goal differential rule for* ***ALL AGE GROUPS*** *will be as follows:*

   i. *At the time of a* ***6-goal differential****, the winning team must remove a player from the field of play*

   ii. *The winning team will remove an additional player after each successive goal until 2 less than the regulation number of players remain on the field, and re-insert those players as goals are allowed*

   iii. *If the differential drops back to* ***4 goals, all players will be reinserted*** *into the game*

E. *For* ***7-U and 8-U age groups only****, the attacking team must retreat behind the midline during a goal kick. The attacking team may cross the midline after the ball is kicked. If a goalkeeper gains possession via normal play, play will resume per normal FIFA rules.*

F. *During the year end tournament, no protests will be allowed or accepted.*

G. *During the year end tournament (Union County Youth Soccer FALL Tournament), each association will a minimum of 1 representative on site. This representative will be responsible for any and all issues that arrive from their association's teams.*

H. *For **tournament play only**, the following addendum to LAW 7 shall be employed (all other regular season rules apply to the tournaments):*

LAW 7: DURATION OF PLAY (overtime addendum for age groups 9-U and up only)

If the match is tied at the end of regulation play, two full, non-golden goal 5-minute overtime periods shall then be played with a one-minute break between overtime periods; usual substitution rules shall apply during the overtime periods. If the tie has been broken at the end of the 2nd overtime period, the game is over.

If the match is still tied at the end of the 2nd overtime period, the game shall follow FIFA shootout rules for penalty shots:

i. *Any five players who are on the field at the conclusion of the 2nd overtime period may take one of the penalty shots.*

ii. *Any player who is on the field at the conclusion of the 2nd overtime period may be designated as the goalkeeper for the penalty shots*

iii. *The team scoring the most penalty shots is declared the winner and is awarded one goal to break the tie.*

If the match is still tied at the end of five penalty shots, then sudden death penalty shots will ensue, utilizing the remaining players who were on the field at the end of the 2nd over-time period.

i. *Teams shall alternate penalty shots, the first team to score during a round without the opposing team scoring during the same round shall be declared the winner and awarded one goal.*

ii. *The players who took the original five penalty shots are not permitted to take shots during this portion of sudden death.*

If the match is still tied at the end of this portion of sudden death, alternating penalty shots shall continue until a winner is declared.

i. *All players on the field at the end of the 2nd overtime period shall be eligible to take penalty shots in any order.*

ii. *A player may not have a second turn until each of the other eligible players has had a first turn.*

LAW 7: DURATION OF PLAY (overtime addendum for age groups 7-U & 8-U only)

If, at the end of regulation time, the score is tied, there will be a 2-minute break and the teams shall come back on the field minus one player per team, with that player being the goalkeeper for each team. The teams will then play a full 3-minute, non-golden goal overtime period with no goalkeepers. If the score is still tied at the end of the overtime period, another 2-minute break will be taken and the teams will return to the field with one less player than in the first overtime period. Another full 3-minute, non-golden goal overtime period will be played.

The teams will continue to remove one player from each team for each consecutive non-golden goal overtime period until an overtime period finally ends with a true winner.

In relation to the behavior and actions of coaches and spectators:

A. *All players, coaches, parents, and spectators shall be required to conduct themselves properly at all times. Parents and spectators shall refrain from interfering with referees, officials, coaches or players. The use of alcohol on the fields is strictly prohibited. Failure of a coach, player or parent to abide by this Code of Conduct shall be grounds for removal of the coach, player or parent. UCYS has the authority to suspend or terminate offenders.*

B. *Coaches will ensure their bench area is completely cleaned before leaving the field after a match and teach their players to respect the field by not littering.*

C. *All coaches are encouraged to play games as they are scheduled. Changing of game date and times is only allowed in extreme cases and with the permission of the league.*

D. *NCYSA guidelines on "recruitment" have been adopted by UCYS. An association's coaches and/or team officials are prohibited from contacting another association's player(s) for the purpose of recruitment.*

E. *All spectators are required to adhere to the local rules of the field locations.*

F. *No artificial noise makers are allowed at the fields during games.*